

COSMEDICA™ 2012

20 - 22 July, Vineyard Hotel, Cape Town



Take advantage of the EARLY BIRD promotion...

Registration closes 30th June 2012

Why you **CAN'T MISS** **THE PREMIER INTERNATIONAL AESTHETIC CONGRESS of SOUTH AFRICA**

Cosmedica will host the 3rd annual event with world class speakers

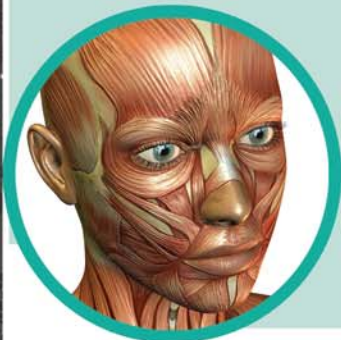
- Aesthetic dermatology
- Aesthetic surgery
- Medi-spa session



- BEGINNER - EXPERT -
- MEDI-SPA SESSIONS -
- including

LIVE

demonstrations



NEW

Cadaver Injectables
Workshop debuts at
Cosmedica 2012

*** LIVE BROADCAST FROM
UCT ANATOMY DEPARTMENT ***

- Review basic anatomy structures
- Review indications for BOTOX and dermal fillers
- Learn where not to inject
- Correlate skin landmarks with underlying tissues

ENDORSED BY:



SACD
South African Association of Cosmetic Doctors



Network at our very successful Charity Gala Dinner at the Two Oceans Aquarium in aid of **The Children of Fire Foundation** on **Friday 20th July 2012**

Congress Secretariat:

Tel: +27 11 958 2261 or Email: Lelanie on info@cosmedica.co.za

www.cosmedica.co.za

PRE-CONGRESS WORKSHOPS

FRI 20 JULY	WORKSHOPS	VENUE	SPEAKERS
08H30	<p>Neuromodulators: basic theory and hands on demonstration*</p> <p>Overview of facial musculature and associated facial movements:</p> <ul style="list-style-type: none"> • Upper face: Corrugators and depressor supercillii for frown lines; frontalis for forehead lines, orbicularis for crow's feet and for debulking of lower lid roll • Mid face: Levator labii for gummy smile, nasalis for bunny lines, depressor septi for nasal tip elevation, orbicularis oris for perioral lines • Lower face: Masseter muscle hypertrophy for bulky jawline, depressor anguli oris for marionette lines, mentalis for peau d'orange chin • Neck: Platysma bands - Nefertiti lift, Venus necklace 	Camphor Tree 1	Prof M Signorini
08H30	<p>Basic surgical skin procedures for General Practitioners*</p> <ul style="list-style-type: none"> • Setting up a surgical space • Instrument selection • Instrument handling • Suture techniques • Ensuring good outcomes • Preventing and managing side effects • Pigs head demonstration • Needling techniques for acne scars 	Camphor Tree 2	Dr M Roscher
13H00	<p>Spider vein sclerotherapy: all you need to know and practical demonstration*</p> <ul style="list-style-type: none"> • Anatomy: Common patterns of Varicose veins and Telangiectasias • Duplex guided and Foam Sclerotherapy indications • Light sources and lasers for elimination of leg and facial veins • Minimizing complications of vein treatment and follow-up care of vein treatments • Guided tour of Ambulatory Phlebectomy, indications, operative technique • Minimizing complications, Post-op care Endovenous ablation techniques • Indications and combined use of Endovenous ablation, Ambulatory Phlebectomy and Sclerotherapy 	Camphor Tree 1	Dr G Munavalli
13H00	<p>Dermal fillers: back to basics and hands on demonstration*</p> <ul style="list-style-type: none"> • Ageing of the skin • Overview of the multidisciplinary approach for the rejuvenation of the ageing face • Review of bio-degradable material as a dermal filler • Review of adverse events and treatment responses • Review of the indications of the face which can be treated effectively with dermal filler • Practical demonstration of the dermal fillers procedure: • Nasolabial folds, oral commissures, lips and peri-orbital areas 	Camphor Tree 2	Dr J Beut
	* Additional registration required		

GALA DINNER FRI 20 JULY

19H30 Charity Gala Dinner at the Two Oceans Aquarium



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BEGINNERS SCIENTIFIC PROGRAMME

SAT 21 JULY	CAMPBOR TREE 1	SPEAKERS
08H00	Welcome address	Dr A Reddy, Dr M Clementoni, Dr G Munavalli
08H15	Cadaver dissection with the experts <ul style="list-style-type: none"> Dissection of corrugators, frontalis and lateral orbicularis oculi Dissection of the perioral region Dissection of the cheek including the superficial and deep fat pads Injection with hyaluronic acid Injection with neuromodulators Avoiding high risk areas 	Chair: Prof M Signorini Dr M Clementoni Dr A Nikolic
10H30	TEA	
11H00	Orbital and lip reshaping <ul style="list-style-type: none"> Non-surgical periorbital rejuvenation Managing successful multi-location aesthetic clinics Peri-orbital and peri-buccal injectable management Understanding lip ratios to avoid the "trout pout" 	Chair: Dr A Clark Dr A Clark Dr J Pai Dr A Clark Dr J Pai
12H00	Lasers <ul style="list-style-type: none"> Evaluation and treatment of vascular lesions for beginners Beyond 2012 - facing the future Effective hair removal lasers: fact or fiction 	Chair: Dr I Heydenrych Dr G Munavalli Dr I Heydenrych Dr G Munavalli
13H00	LUNCH	
14H00	**LIVE DEMO** Neuromodulators	Chair: Dr R Acquilla Dr R Acquilla
14H00	Injecting the upper face: <ul style="list-style-type: none"> Glabella Forehead Crows feet 	
14H30	Injecting the lower face: <ul style="list-style-type: none"> Marionette lines Dimpled chin Platysmal bands 	Dr T Patel
15H00	An update in acne management <ul style="list-style-type: none"> PDT for acne Device treatment for acne 	Dr M Clementoni Dr M Clementoni Dr G Munavalli
15H30	TEA	
16H00	Filler complications and its treatment <ul style="list-style-type: none"> Causes of filler complications Granulomas and vascular compromise Necrosis and bleeding Filler overcorrections 	Chair: Dr J Pai Dr J Beut Dr A Clark Dr R Acquilla Dr J Pai
17H00	COCKTAIL COMPANY WORKSHOP	

BEGINNERS SCIENTIFIC PROGRAMME

SUN 22 JULY	CAMPBOR TREE 1	SPEAKERS
09H00	**LIVE DEMO** Dermal filler master class	Chair: Dr J Pai
09H00	Anatomical pitfalls <ul style="list-style-type: none"> Superficial and deep fat pads Map of important vascular bundles Choosing the right product for each area 	Dr J Pai Dr T Patel Dr A Nikolic
10H00	Dermal fillers - injecting upper, mid and lower face <ul style="list-style-type: none"> Tear troughs Naso-labial folds Lip reshaping 	Dr A Clark Dr A Clark Dr J Pai
11H00	TEA	
11H30	Pigmentation Disorders <ul style="list-style-type: none"> Introduction to lasers for pigmentation Prescribed skincare for pigmentation 	Chair: Dr G Munavalli Dr G Munavalli Dr T Patel
12H00	Chemical Peels <ul style="list-style-type: none"> Chemical peeling in darker skin types - indications and techniques Chemical peels-superficial to deep Combination peels 	Chair: Dr T Patel TBA TBA Dr T Patel
13H00	LUNCH	
14H00	Trends in 2012	Chair: Dr A Clark
14H00	New trends in volumetry <ul style="list-style-type: none"> Supra-periosteal injection level Focus on temple, nose and marionette lines Focus on lifting using volumetric fillers 	Dr A Clark Prof M Signorini Dr R Acquilla
15H00	New trends in neuromodulators <ul style="list-style-type: none"> Masseteric hypertrophy treatment: overview Lower face & neck botulinum toxin: what's new 	Dr A Nikolic Dr A Nikolic
15H30	END OF CONGRESS	

ADVANCED SCIENTIFIC PROGRAMME

ADVANCED SCIENTIFIC PROGRAMME		
SAT 21 JULY	CAMPHOR TREE 2	SPEAKERS
08H00	Welcome address	Dr A Reddy, Dr M Clementoni, Dr G Munavalli
08H15	Cadaver dissection with the experts <ul style="list-style-type: none"> • Dissection of corrugators, frontalis and lateral orbicularis oculi • Dissection of the perioral region • Dissection of the cheek including the superficial and deep fat pads • Injection with hyaluronic acid • Injection with neuromodulators • Avoiding high risk areas 	Chair: Prof M Signorini Dr M Clementoni Dr A Nikolic
10H30	TEA	
11H00	Advanced Lasers <ul style="list-style-type: none"> • What's new in laser hair removal • What's new in vascular laser • What's new in Intense Pulsed Light • Non-ablative fractional lasers • Ablative fractional lasers for rejuvenation • Photodynamic photorejuvenation 	Chair: Dr M Clementoni Dr M Clementoni Dr E Smith Dr M Clementoni Dr E Smith Dr G Munavalli Dr M Roscher
12H15	Neuromodulators and fillers <ul style="list-style-type: none"> • Neuromodulators - how to inject the lower face to prevent complications • Overall peri-ocular and peri-buccal treatments • Mid face rejuvenation 	Chair: Dr A Nikolic Dr A Nikolic Prof M Signorini Dr A Nikolic
13H00	LUNCH	
14H00	**LIVE DEMO** Advanced best practice for neuromodulators & fillers <ul style="list-style-type: none"> • Mid face • Upper face • Lower face 	Chair: Prof M Signorini Dr A Nikolic Prof M Signorini Dr J Beut
15H30	TEA	
16H00	What's hot in aesthetic surgery <ul style="list-style-type: none"> • Chin • Fat injections vs. volumising fillers • Cheeks and jowls 	Chair: Prof J Reyneke Prof J Reyneke Prof M Signorini Dr J Beut
17H00	COCKTAIL COMPANY WORKSHOP	

ADVANCED SCIENTIFIC PROGRAMME

ADVANCED SCIENTIFIC PROGRAMME		
SUN 22 JULY	CAMPHOR TREE 2	SPEAKERS
09H00	Complications and treatments of aesthetic procedures <ul style="list-style-type: none"> • Lasers • Fillers and neuromodulators • Surgical 	Chair: Dr G Munavalli Dr G Munavalli Prof M Signorini Dr M Roscher, Dr J Beut
10H00	New trends in skin care products <ul style="list-style-type: none"> • Cosmeceuticals • Whats new in sunblocks! • Topical skincare products that deliver results • Trends in topical spa treatment and equipment 	Chair: Dr M Roscher Dr M Roscher Dr W Erasmus Dr N Raboobee Ms D Merdjen
11H00	TEA	
11H30	Treatment of scars and scar revision <ul style="list-style-type: none"> • Novel approach to dealing with burn scars • Scar management with CO2 laser • Managing scars with needling • Managing acne scars • Carboxtherapy for the aesthetic doctor 	Chair: Dr M Clementoni Dr M Clementoni Dr M Roscher Dr W Erasmus Dr N Raboobee Dr M Catenacci
13H00	LUNCH	
14H00	Laser liposuction and body contouring <ul style="list-style-type: none"> • Laser lipolysis • Lipofilling and liposculpting • Cryolipolysis • Laser lipolysis for body contouring 	Chair: Dr N Zerbinati Dr A Nikolic Prof N Zerbinati Dr G Munavalli Prof N Zerbinati
15H30	END OF CONGRESS	