

## PRE CONGRESS WORKSHOPS

FRIDAY 5th JULY	SESSION	VENUE	SPEAKERS
08H00	<b>Botulinum toxin masterclass: Overview and hands on demonstration*</b> <b>PRESENTATION:</b> Overview of facial musculature and associated facial movements: <ul style="list-style-type: none"> <li>• <b>Upper face:</b> Corrugators and depressor supercillii for frown lines; frontalis for forehead lines, orbicularis for crow's feet and for debulking of lower lid roll</li> <li>• <b>Mid face:</b> Levator labii for gummy smile, nasalis for bunny lines, depressor septi for nasal tip elevation</li> <li>• <b>Lower face:</b> Orbicularis oris for perioral lines, Masseter muscle hypertrophy for bulky jawline, depressor anguli oris for marionette lines, mentalis for peau d'orange chin</li> <li>• <b>Neck:</b> Platysma bands - Nefertiti lift, Venus necklace</li> </ul>	Jacaranda Room	Prof M Signorini  Prof M Signorini  Dr A Nikolic  Dr A Nikolic
09H30	<b>TEA</b>		
10H00	<b>LIVE HANDS ON DEMONSTRATIONS: Bring your own patient and inject under expert supervision*</b> <ul style="list-style-type: none"> <li>• Glabella, forehead lines, crows feet</li> <li>• Bunny lines, gummy smile, lip lines</li> <li>• Marionette lines, masseter muscle, chin and neck</li> </ul> * Due to time constraints delegates may inject 1 area under supervision. This session is limited to 7 delegates per expert.		<b>EXPERT MASTER CLASS PANEL</b> Dr A Nikolic Dr A Clark Dr T Patel Prof M Signorini
08H00	<b>Procedural pearls for the Aesthetic Practitioner*</b> <ul style="list-style-type: none"> <li>• Extensive workshop covers a variety of in office procedures, surgical suturing techniques, instrument and devices selection and a variety of live procedures.</li> <li>• LIVE in office procedures will be demonstrated for the novice Aesthetic practitioner.</li> <li>• Procedures will range from basic filler techniques, off label botulinum toxin use, skin needling and dermarolling, PRP techniques and chemical peels for the general practitioner.</li> <li>• The basic premise of this workshop is to arm the delegates with practical skills and insider knowledge that will be of immediate benefit in their daily practice and new aesthetic practise.</li> <li>• Variety of expert demonstrators and medical specialists will demonstrate these techniques</li> </ul> <b>LIVE HANDS ON DEMONSTRATION: A surgical kit is included for each delegate to practise suture skills on porcine skin</b>	Business Suite 1	Dr M Roscher Prof J Snyman Dr N Raboobee Dr C Patel Dr D Fernandes
17H00	<b>ENDS</b>		
13H00	<b>Dermal filler masterclass: Characteristics to recommendations*</b> <ul style="list-style-type: none"> <li>• The art of cosmetic consultation relevant to dermal fillers</li> <li>• The basic science of hyaluronic acid fillers</li> <li>• Techniques of injection, sharp needle vs blunt cannula, skin boosting</li> <li>• Specific areas- periorbital, lips, temples, hands</li> <li>• Side effects- how to avoid and treat</li> </ul>	Jacaranda Room	Dr M Landau
14H15	<b>TEA</b>		
14H30	<b>LIVE HANDS ON DEMONSTRATIONS: Bring your own patient and inject under expert supervision*</b> <ul style="list-style-type: none"> <li>• Nasolabial folds</li> <li>• Oral commissures</li> <li>• Lips and peri-orbital area</li> <li>• Mid-face: cheeks and tear trough</li> <li>• Temporal area</li> <li>• Hands</li> </ul> * Due to time constraints delegates may inject 1 area under supervision. This session is limited to 7 delegates per expert.		<b>EXPERT MASTER CLASS PANEL</b> Dr M Landau Dr A Nikolic Dr A Clark Dr R Aquilla Dr P Nicolau
17H00	<b>ENDS</b>		
13H30	<b>Introduction to Phlebology and Spider vein sclerotherapy: all you need to know and practical demonstration*</b> <ul style="list-style-type: none"> <li>• Anatomy: Common patterns of Varicose veins and Telangiectasias</li> <li>• Duplex guided and Foam Sclerotherapy indications</li> <li>• Light sources and lasers for elimination of leg and facial veins</li> </ul>	Business Suite 1	Dr G Munavalli
15H15	<b>TEA</b>		
15H30	<ul style="list-style-type: none"> <li>• Minimizing complications of vein treatment and follow-up care of vein treatments</li> <li>• Minimizing complications in sclerotherapy,</li> <li>• Endovenous ablation procedures and technique</li> <li>• Indications and combined use of Endovenous ablation, Ambulatory Phlebectomy and Sclerotherapy</li> </ul> <b>LIVE HANDS ON DEMONSTRATIONS: Bring your own patient and inject under expert supervision</b>		
17H00	<b>ENDS</b>		

\* Additional registration required

## BEGINNER SCIENTIFIC PROGRAMME

SAT 6th JULY	BEGINNER SESSION – ACACIA ROOM	SPEAKERS
08H00	<b>Welcome address</b>	<b>Dr A Reddy, Dr M Clementoni and Dr G Munavalli</b>
08H15	<b>Cadaver dissection workshop followed by corresponding LIVE injection techniques with Botulinum toxin and dermal fillers</b> <ul style="list-style-type: none"> <li>Dissection of corrugators, frontalis and lateral orbicularis oculi</li> <li>Dissection of the perioral region</li> <li>Dissection of the cheek including the superficial and deep fat pads</li> <li>Dissection of the temporal area</li> <li>Dissection of the nose</li> <li>Dissection of the platysma and hands</li> </ul>	<b>Chair: Prof M Signorini</b>  Dr A Nikolic Dr A Clark Dr M Landau Dr T Patel Dr R Aquilla Prof M Signorini
10H30	<b>TEA</b>	
11H00	<b>Marketing the aesthetic practice</b>	<b>Chair: Mr C Campbell</b>
11H00	• Tools and techniques of hiring the right staff	Ms D Merdjen
11H20	• Effective internal and external marketing	Mr C Campbell
11H40	• Blogging and social media: is it effective?	Mr C Campbell
12H00	<b>Trends in non surgical orbit rejuvenation</b>	<b>Chair: Dr M Landau</b>
12H00	• Anatomy overview of the peri-orbital area	Dr M Murdoch
12H20	• Using hyaluronic acid	Dr M Landau
12H40	• Lasers with CO2	Dr M Clementoni
13H00	<b>LUNCH</b>	
14H00	<b>Peri-oral rejuvenation</b>	<b>Chair: Dr A Nikolic</b>
14H00	• Overview of anatomy of the peri-oral zone	Prof M Signorini
14H15	• Approach to lips: cannula versus needle	Dr A Nikolic
14H30	• Peri-oral rejuvenation with cosmetic injectables - Literature review	Dr C Patel
14H50	• Treating the ageing lip: combined approach	Dr M Landau
15H10	• Understanding lip ratios: forms and volumes	Dr R Aquilla
15H30	<b>TEA</b>	
16H00	<b>Contributing lectures in aesthetic dermatology</b>	<b>Chair: Dr P Naranjo</b>
16H00	• Novel approach using devices in acne treatment	Dr G Munavalli
16H15	• Current concepts in acne scar management ** LIVE DEMO**	Dr N Raboobee
16H45	• An update in melasma treatment	Dr P Naranjo
17H00	• Considerations in the male aesthetic patient	Dr A Clark
17H15	<b>END OF DAY 1</b>	

## BEGINNER SCIENTIFIC PROGRAMME

SUN 7th JULY	BEGINNER SESSION – ACACIA ROOM	SPEAKERS
09H00	<b>**LIVE DEMONSTRATIONS**</b>	
09H00	• Upper face approach using dermal fillers and Botulinum toxin - Upper third of face with injectables - Eye Wrinkle Treatment with injectables - Tear trough and mid face with dermal fillers	<b>Chair: Dr R Aquilla</b> Dr R Aquilla Dr R Aquilla Dr A Nikolic
10H00	• Lower and mid-face approach using dermal fillers and Botulinum toxin - Nose and chin with injectables - Latest lip technique with fillers - Neck lift with injectables and skin boosters	<b>Chair: Dr T Patel</b> Dr T Patel Dr A Clark Dr A Clark
11H00	<b>TEA</b>	
11H30	<b>Contributing lectures in aesthetic dermatology</b>	<b>Chair: Dr A Nikolic</b>
11H30	• Current concepts in cosmeceuticals	Dr M Roscher
11H40	• Dermal filler complications & avascular necrosis case study	Dr A Nikolic
11H50	• Line Lift: Topical Wrinkle Filler using a novel tyrosine amino acid derivative - South African Experience	Dr M Lambrechts
12H00	<b>Avoiding and managing aesthetic complications</b>	<b>Chair: Dr A Clark</b>
12H00	• Dermal filler complications: granulomas and overfilling	Dr A Clark
12H15	• Dermal filler complications: blindness and tissue necrosis	Dr A Reddy
12H30	• Botulinum toxin complications	Dr T Patel
12H45	• Laser complications	Dr G Munavalli
13H00	<b>LUNCH</b>	
14H00	<b>Contributing lectures in aesthetic dermatology</b>	<b>Chair: Dr A Reddy</b>
14H00	• Hair removal in skin types 4 - 6	Dr P Nugawela
14H15	• Platelet rich plasma role in skin rejuvenation	Prof J Snyman
14H30	<b>Skin tightening</b>	<b>Chair: Dr M Murdoch</b>
14H30	• Pathophysiology of skin laxity	Dr M Steinmann
14H50	• Limitations of skin tightening devices: when to refer	Dr M Murdoch
15H05	• Can skin needling work?	Dr D Fernandes
15H30	<b>CONGRESS ENDS</b>	

## EXPERT SCIENTIFIC PROGRAMME

SAT 6th JULY	EXPERT SESSION – MAGNOLIA ROOM	SPEAKERS
08H00	<b>Welcome address</b>	<b>Dr A Reddy, Dr M Clementoni and Dr G Munavalli</b>
08H15	<b>Cadaver dissection workshop followed by corresponding LIVE injection techniques with Botulinum toxin and dermal fillers</b> <ul style="list-style-type: none"> <li>Dissection of corrugators, frontalis and lateral orbicularis oculi</li> <li>Dissection of the perioral region</li> <li>Dissection of the cheek including the superficial and deep fat pads</li> <li>Dissection of the temporal area</li> <li>Dissection of the nose</li> <li>Dissection of the platysma</li> </ul>	<b>Chair: Prof M Signorini</b>  Dr A Nikolic Dr A Clark Dr M Landau Dr T Patel Dr R Aquilla Prof M Signorini
10H30	<b>TEA</b>	
11H00	<b>International scar symposium with video demonstration</b>	<b>Chair: Dr G Gauglitz, Dr T Patel, Dr M Clementoni</b>
11H00	• Introduction	Dr T Patel and Dr M Clementoni
11H10	• Scar formation: Pathophysiology	Dr G Gauglitz
11H20	• International guidelines on scar management	Dr G Gauglitz
11H30	• Pulsed Dye Laser treatment of scars: when and how	Dr P Naranjo
11H40	• Dermatological surgery approach to scar revision	Dr M Roscher
11H50	• Surgical scar revision - minor approach: office based procedures	Dr G Munavalli
12H00	• Fractional CO <sub>2</sub> treatment of scars: the Asian approach	Dr J Tan
12H15	• Why needling improves a scar	Dr D Fernandes
12H25	• Laser approaches	Dr T Patel
12H40	• Surgical scar revision-major approach: skin expanders, big flaps	Dr M Murdoch
12h50	• Novel approaches to prevent and treat excessive scarring	Dr G Gauglitz
13H00	<b>LUNCH</b>	
14H00	<b>International scar symposium with video demonstration</b>	<b>Chair: Dr G Gauglitz, Dr T Patel, Dr M Clementoni</b>
14H00	• Acne scars: what's the latest	Dr N Raboobee
14H10	• Fractional CO <sub>2</sub> treatment of scars: the European approach	Dr M Clementoni
14H20	• Topical agents for effective wound healing and minimal scar formation	Dr G Gauglitz
14H30	• Video demonstration	<b>Expert Panel:</b> Dr M Clementoni, Dr T Patel, Dr J Tan
15H00	<b>Trends in medical rhinoplasty</b>	<b>Chair: Dr M Murdoch</b>
15H00	• Understanding anatomy to optimise injections	Dr T Patel
15H10	• Sculpting the nose with dermal fillers	Dr M Murdoch
15H20	• Rhinomodulation with Botulinum toxin	Dr M Murdoch
15H30	<b>TEA</b>	
16H00	<b>An update: the peri-ocular zone</b>	<b>Chair: Dr M Landau</b>
16H00	• Needles or cannula?	Dr A Clark
16H15	• Treating the upper lid and brow	Dr R Aquilla
16H30	• Treating eye ring pigmentation	Dr M Landau
16H45	• Laser treatment for ocular veins	Dr G Munavalli
17H00	<b>END OF DAY 1</b>	

## EXPERT SCIENTIFIC PROGRAMME

SUN 7th JULY	EXPERT SESSION – MAGNOLIA ROOM	SPEAKERS
09H00	<b>Trends in volumetry</b>	<b>Chair: Dr P Nicolau</b>
09H00	• Optimising lifting effects with dermal fillers	Dr A Nikolic
09H15	• Novel use of devices to volumise the face	Dr P Naranjo
09H30	• Facial aging: anatomical consideration with special attention to fat compartments	Dr P Nicolau
09H45	• Bolus vs. fanning technique	Dr M Landau
10H00	<b>Trends in aesthetic dermatology and surgery</b>	<b>Chair: Dr Y Lalloo</b>
10H00	• Long lasting fillers: Criteria for a choice between the different existing fillers	Dr P Nicolau
10H15	• The chin as a guideline to surgical correction of dento-facial deformities	Dr J Vorster
10H35	• Ethnic rhinoplasty: limitations and challenges	Dr J Viljoen
10H50	• Clinical dermatology: an update	Prof D Modi
11H05	<b>TEA</b>	
11H30	<b>Latest in body shaping devices</b>	<b>Chair: Dr G Munavalli</b>
11H30	• Water assisted liposuction	Dr J McLoughlin
11H40	• Cryolipolysis	Dr G Munavalli
11H50	<b>**LIVE DEMONSTRATIONS**</b>	
11H50	• How I do it: Expert's Approach on injectables for the upper and lower face	<b>Chair: Dr R Aquilla</b>
11H50	- Brows and temporal area	Prof M Signorini
12H15	- Medical rhinoplasty	Dr R Aquilla
12H35	- 3D jowel rejuvenation	Dr M Landau
13H00	<b>LUNCH</b>	
14H00	<b>Lasers, lights and energy based devices</b>	<b>Chair: Dr M Roscher</b>
14H00	• Lasers for facial vascular lesions	Dr P Naranjo
14H15	• Hair removal devices	Dr M Roscher
14H30	• Latest in photodynamic skin rejuvenation	Dr M Clementoni
14H45	• Fractional CO <sub>2</sub> skin rejuvenation in the Asian population	Dr J Tan
15H00	• IPL rejuvenation	Dr M Roscher
15H30	<b>CONGRESS ENDS</b>	

**MEDI-SPA SCIENTIFIC PROGRAMME**

SUN 7th JULY	MEDI-SPA SESSION - SYRINGA ROOM	SPEAKERS
09H00	<b>Latest technology and developments in the fight against ageing</b>	<b>Chair: Mrs Isabel Roos</b>
09H00	• Forever Young BBL: Rejuvenation of gene expression pattern of aged human skin with the Sciton Broad Band Light System	Mr G Wachsberger
09H10	• Perfect Skin Care – Antioxidants, Vitamin A and Peptides over 25 years.	Dr D Fernandes
09H20	• The anti-oxidant revolution	Miss E Hopkins
09H30	• Reshaping our future – Multiple face and body solutions in one comprehensive device	Mr A Best
09H40	• Carboxytherapy	Dr J McLoughlin
09H50	• Oxygenetix – The groundbreaking gel based oxygenating foundation	Ms S Donker
10H00	• Best Practice in scar management using topical agents	Ms S Botha
10H15	• Q & A Session with panel above	
10H30	<b>EVOLVING CONCEPTS ON ACNE:</b> pathophysiology, causes and treatment options	Dr G Munavalli
11H00	<b>TEA</b>	
11H30	<b>SUN PROTECTION</b> and the new factors: fact or fiction	<b>Chair: Ms Debbie Merdjen</b> Dr Y Laloo
12H00	<b>THE SCIENCE BEHIND THE AGEING SKIN:</b> treatment options, topical and systemic antioxidants	Dr M Roscher
12H35	<b>LASER HAIR REMOVAL:</b> What's new in hair removal/Legal aspects of laser use in South Africa	Dr M Roscher
13H00	<b>LUNCH</b>	
14H00	<b>Needling:</b> the latest developments	<b>Chair: Mrs Isabel Roos</b> Dr D Fernandes
14H30	<b>Knowing</b> the different skin lesions in Dermatology	Dr I M Essack
15H00	<b>Advances</b> in skin nutrition	Ms A du Plessis
15H30	<b>END OF CONGRESS</b>	