



07H15	REGISTRATION	
	BEGINNER SCIENTIFIC PROGRAMME	EXPERT SCIENTIFIC PROGRAMME
VENUE	ILANGA I	ILANGA II
08H15	Welcome address - Dr A Reddy, Dr R Acquilla	Welcome address - Dr A Reddy, Dr R Acquilla
08H30	FILLERS, TOXINS AND THREADS: WHATS NEW - Dr V Ching <ul style="list-style-type: none"> Toxins - Update 2015 - Dr K Goldie (10) Fillers - Update 2015 - Dr R Acquilla (10) Threads - Update 2015 - Dr V Ching (10) 	UPDATE IN ACNE SCAR MANAGEMENT - Dr N Raboobee <ul style="list-style-type: none"> Acne therapy - What's new? - Dr K Duze (15) Lasers & light devices in acne vulgaris - Dr L Pillay (15) Skin needling: Regeneration? Fact or Fiction - Dr M Lambrechts (15) How I treat acne scars - Dr N Raboobee (15) A multi-modality approach to scar revision - Dr M Roscher (15) Q&A session (15)
09h00	VEINS AND FAT: WHATS NEW? - Dr R Singh <ul style="list-style-type: none"> Laser liposuction: A South African experience - Dr R Singh (15) Spider veins - Laser or microsclerotherapy? - Dr J Blignaut (15) How to prevent complications of vein aesthetic treatments - Dr J Blignaut (15) RF and cellulite: An update - Prof L Marini (15) 	
10H00	TEA / COFFEE	TEA / COFFEE
10H30	FACIAL BEAUTY - Dr C Anand <ul style="list-style-type: none"> Ideals for Beauty - Dr M Emmett (15) Total face approach - assessment, planning, & treatment strategy - Dr R Acquilla (15) Perspectives on ethnic beauty - Dr C Anand (15) In pursuit of beauty: What to do in Your 30's, 40's, 50's and beyond - Dr R Acquilla (15) 	UPDATE IN TREATMENT FOR HYPERPIGMENTATION - Dr P Mpfu <ul style="list-style-type: none"> Pathophysiology of melasma - an update - Dr K Duze (15) Photo-ageing- Understanding, preventing and treating - Dr M Roscher (15) Treating hyperpigmentation: What topicals are effective and why? - Dr N Raboobee (15) Disease mimicry affecting aesthetic outcomes - Dr P Mpfu (15)
11H30	TOXINS AT A GLANCE - Dr M Kohli <ul style="list-style-type: none"> BoNTA injection technique importance - Dr K Goldie (15) Lower face and neck rejuvenation: combining threads and BoNTA - Dr M Kohli (15) BoNTA total facial rejuvenation - Dr C Anand (15) Being a great injector in BoNTA injection by understanding facial expression - Dr R Acquilla (15) 	ANTI-AGEING REJUVENATION - Dr D Carmichael <ul style="list-style-type: none"> The A-Z of treating menopause with bio-identical hormones in 15 min - Dr D Carmichael (15) Platinum and pearls for maintaining quality ageing - D Arthur R.Ph (15) The wonderful world of nutrigenomics: how nutrition can impact our genes and health - Dr D Carmichael (15) Enhancing intrinsic cellular energy using 5 simple every-day biochemistry tests - D Arthur R.Ph (15)
12H30	LUNCH	LUNCH
13H30	MINIMALLY INVASIVE BODY CONTOURING - Dr P Treacy <ul style="list-style-type: none"> Update in non-invasive body contouring and skin tightening - Dr P Treacy (10) Cryolipolysis: New areas and new techniques - Dr M Kohli (10) Non-invasive body contouring using selective radiofrequency device - Dr R Acquilla (15) ** BODY CONTOURING LIVE DEMO WORKSHOP** - Dr C Davies (25)	** TOXINS & FILLERS LIVE DEMO WORKSHOP** - Dr R Acquilla & Dr K Goldie <ul style="list-style-type: none"> Jaw contouring and anatomical approach and safe techniques - Dr K Goldie (25) Beautification of the nose tip in 15 min - Dr A Labib (20) Aesthetics BoNTA and fillers for the lower face: Difficult area with complex anatomy - Dr K Goldie (25) Orbital area: Superficial or deep, needle or cannula, bolus or fanning - Dr P Treacy (25) Fillers in the chin and jawline with needle and cannula - Dr R Acquilla (25)
14H30	THE AGEING FACE FROM SKIN TO BONE - Dr V Jose Bryant <ul style="list-style-type: none"> Practical anatomy & ageing of the face - Dr A Reddy (15) Facial skeletal and soft tissue ageing patterns - Dr V Jose-Bryant (15) Ageing skin: Clinical signs and evaluation - Dr C Anand (15) Ageing of the superficial and deep fat pads of the face - Dr M Kohli (15) 	
15H30	TEA / COFFEE	TEA / COFFEE
16H00	COMPLICATIONS CORNER - Dr A Reddy <ul style="list-style-type: none"> Cosmetic Dermatology: the most dangerous areas of the face - Dr P Treacy (20) Vascular occlusion - The aesthetic emergency: Prevention and management approaches - Dr P Treacy (20) Complications with suspension sutures - Dr G van Niekerk (15) Laser complications in patients of color - Dr M Roscher (15) Complications with the use of BoNTA - Dr A Bhana (15) 	CONTRIBUTING LECTURES IN AESTHETIC DERMATOLOGY - Dr F Babha <ul style="list-style-type: none"> Laser lipolysis: an update in tumescent anaesthesia - Dr R Singh (30) The stem cell face lift - Dr W Stander (15) An update on vaginal rejuvenation - Dr C Davies (15) Medical guidelines for treating female androgenetic alopecia - Dr P Treacy (30)
17H30	END OF DAY 1	END OF DAY 1
18H00	NETWORKING RECEPTION IN THE EXHIBITORS ARENA	





08H00	REGISTRATION		
	BEGINNER SCIENTIFIC PROGRAMME	EXPERT SCIENTIFIC PROGRAMME	MEDICAL AESTHETICIAN PROGRAM
VENUE	ILANGA I	ILANGA II	NINA I
09H00	COSMECEUTICALS 2015 - Dr C Anand <ul style="list-style-type: none"> An update on skin lightening - Dr C Anand (20) Antioxidants: Where do they stand and how to use? - Dr L Pillay (20) Cosmeticeuticals for men - Dr P Mpofu (20) 	FOCUS SESSION: NOSE & PERI-OCULAR ZONE - Dr M Murdoch <ul style="list-style-type: none"> Anatomy of the peri-ocular area - Dr V Ching (15) Anatomy of the nose - Dr A Labib (15) Management of dark under eye circles - Dr M Murdoch (15) Problems and challenges with fillers in the nasal area - Dr A Labib (15) 	CHAIR: Ms I Carstens <p>09h00 Practical tips for effective and safe tightening and contouring with radiofrequency - Prof L Marini</p> <p>09h30 Shaping the future of the medi-spa industry - Dr N de Freitas</p>
10H00	CHEMICAL PEELS: WHAT YOU NEED TO KNOW - Dr K Pillay <ul style="list-style-type: none"> Basics of chemical peels: A-Z Guide - Dr K Pillay (20) Chemical peel treatment on darker skin types - Dr P Mpofu (20) Practical problems in cosmetic peels - Dr K Pillay (20) 	FOCUS SESSION: EYE-BROW AND TEMPLES - Dr K Goldie <ul style="list-style-type: none"> Temporal area anatomy - Dr K Goldie (15) Temple filler injection: deep needle vs superficial cannula - Dr P Treacy (15) Temple and lateral eyebrow filler injection with cannula - Dr R Acquilla (15) Eyebrow lift using threads? - Dr G van Niekerk (15) 	<p>10h00 The "How to" of using social media to promote your business - Ms S Harvey</p> <p>10h30 Eyelash and eyebrow rejuvenation - Ms A Terblanche</p>
11H00	TEA / COFFEE	TEA / COFFEE	TEA / COFFEE
11H30	**ANATOMY AND INJECTIONS LIVE DEMO WORKSHOP** - Dr M Kohli & Dr A Reddy <ul style="list-style-type: none"> Recent advances in mid-face anatomy with focus on lid-cheek junction - Dr K Goldie (20) Perioral anatomy with a focus on lips - Dr A Bhana (20) Marionette lines: anatomy to treatment - Dr M Kohli (20) Expert Panel: What I inject, where I inject and how I inject <ul style="list-style-type: none"> Maximise results on a budget - Dr C Anand (20) Lipoatrophy - Dr P Treacy (20) 	LATEST DEVICES: ABLATIVE RADIO- FREQUENCY FOR SKIN TIGHTENING - Dr P Mpofu <ul style="list-style-type: none"> Tissue sagging & tightening: Pathophysiology - Prof L Marini (15) RF-Evolution & current clinical use - Dr N Moodliar (15) Tighter, higher: Is non-surgical facelift by needling radiofrequency effective? - Prof L Marini (15) **RADIOFREQUENCY NEEDLING LIVE DEMO WORKSHOP ** - Prof L Marini & Dr N Moodliar (45)	<p>11h30 Anti-ageing naturally - David Arthur R.Ph</p> <p>12:00: Free Radical Biology and the skin - Dr Judey Pretorius</p> <p>12h30 Let's talk about client retention! - Ms D Merdjan</p>
13H00	FOCUS ON THREADS - Dr A Bhana <ul style="list-style-type: none"> What is the PDO thread lift? - Dr J McLoughlin (30) <ul style="list-style-type: none"> Indications Contra-indications Managing complications Results 	**SKIN NEEDLING FOR STRETCH MARKS LIVE DEMO** - Dr M Lambrechts (30)	<p>13h00 Maximizing the use of your imaging device - Ms B Reardon</p>
13H30	LUNCH	LUNCH	LUNCH
14H30	**COLLAGEN INDUCTION THREADS LIVE DEMO WORKSHOP** Dr J McLoughlin <ul style="list-style-type: none"> Threads for the face - Dr M Kohli (15) Threads for the neck - Dr J McLoughlin (15) 	FOCUS SESSION: THREADS - Dr A Reddy <ul style="list-style-type: none"> What is the Suspension thread lift? - Dr G van Niekerk (30) <ul style="list-style-type: none"> Indications Contra-indications Managing complications Results 	<p>14h30 An update on active cosmeceuticals - Prof L Marini</p>
15H00	THE ETHICAL BUSINESS OF AESTHETICS - Dr A Bhana <ul style="list-style-type: none"> Ethical consideration of social media for health professionals - Dr E Timothy (20) How to create a chain from a solo practice? - Dr C Anand (20) Why you don't have enough patients and what to do about it - Ms P Underwood - video (35) The importance of media in healthcare - How digital platforms enhance your patient relations - Dr C Anand (20) 	** SUSPENSION THREADS LIVE DEMO WORKSHOP** - Dr G van Niekerk (90)	<p>15h00 Treating pigmentation in dark skins - Best approaches for therapists - Ms S Donker</p> <p>15h30 Medical skin needling - an update - Dr M Lambrechts</p>
16H30	END OF CONGRESS	END OF CONGRESS	END OF CONGRESS

