









**THURSDAY 26 SEPTEMBER**

**Pre-Congress Hands-On Courses**

<b>08h00 – 09h00</b>	<b>Registration – Morning Session</b>	
<b>Session 1</b>	<b>Non-surgical Rhinoplasty</b>	<b>Lip Shaping</b>
<b>Facilitator</b>	<b>Dr Ash Labib (UK)</b>	<b>Ms Julie Horne (Norway)</b>
	<b>Luna</b>	<b>Reverie</b>
	<p><b>09h00 – 10h00</b> </p> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Comparison of the surgical &amp; non-surgical rhinoplasty</li> <li>• Anatomy of the nose</li> <li>• Important angles of the face</li> <li>• Indications &amp; contraindications of a non-surgical rhinoplasty</li> <li>• Potential complications</li> <li>• Case studies before &amp; after</li> <li>• LIVE DEMO</li> </ul> <p><b>10h00 – 12h00</b></p> <ul style="list-style-type: none"> <li>• Practical session on live models</li> <li>• Delegates hands on injecting</li> </ul> <p><b>12h00 – 13h00</b></p> <ul style="list-style-type: none"> <li>• Summary of non-surgical rhinoplasty</li> <li>• Q&amp;A</li> <li>• Certificate ceremony</li> </ul>	<p><b>09h00 – 10h30</b> </p> <ul style="list-style-type: none"> <li>• Portfolio and guidance to right product selection</li> <li>• Anatomy</li> <li>• Complications and how to treat them</li> <li>• Ageing process (lower face/lips)</li> <li>• Consultation (what should a consultation contain)</li> <li>• Bad work/ poorly placed filler</li> <li>• Technique, videos and B/A pictures (asymmetry correction)</li> <li>• Social media (Instagram and how to take great B /A pictures)</li> </ul> <p><b>10h30 – 13h00</b></p> <ul style="list-style-type: none"> <li>• Practical session on live models</li> <li>• Delegates hands on injecting</li> </ul> <p><b>13h00 – 13h15</b></p> <ul style="list-style-type: none"> <li>• Certificate ceremony</li> </ul>
<b>13h00 – 14h00</b>	<b>Lunch</b>	
<b>13h00 – 14h00</b>	<b>Registration – Afternoon Session</b>	
<b>Session 2</b>	<b>Non-surgical Rhinoplasty</b>	<b>Lip Shaping</b>
<b>Facilitator</b>	<b>Dr Ash Labib (UK)</b>	<b>Ms Julie Horne (Norway)</b>
	<b>Luna</b>	<b>Reverie</b>
	<p><b>14h00 – 15h00</b> </p> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Comparison of the surgical &amp; non-surgical rhinoplasty</li> <li>• Anatomy of the nose</li> <li>• Important angles of the face</li> <li>• Indications &amp; contraindications of a non-surgical rhinoplasty</li> <li>• Potential complications</li> <li>• Case studies before &amp; after</li> <li>• LIVE DEMO</li> </ul> <p><b>15h00 – 17h00</b></p> <ul style="list-style-type: none"> <li>• Practical session on live models</li> <li>• Delegates hands on injecting</li> </ul> <p><b>17h00 – 18h00</b></p> <ul style="list-style-type: none"> <li>• Summary of non-surgical rhinoplasty</li> <li>• Q&amp;A</li> <li>• Certificate ceremony</li> </ul>	<p><b>14h00 – 15h30</b> </p> <ul style="list-style-type: none"> <li>• Portfolio and guidance to right product selection</li> <li>• Anatomy</li> <li>• Complications and how to treat them</li> <li>• Ageing process (lower face/lips)</li> <li>• Consultation (what should a consultation contain)</li> <li>• Bad work/ poorly placed filler</li> <li>• Technique, videos and B/A pictures (asymmetry correction)</li> <li>• Social media (Instagram and how to take great B /A pictures)</li> </ul> <p><b>15h30 – 18h00</b></p> <ul style="list-style-type: none"> <li>• Practical session on live models</li> <li>• Delegates hands on injecting</li> </ul> <p><b>18h00 – 18h15</b></p> <ul style="list-style-type: none"> <li>• Certificate ceremony</li> </ul>
<b>18h00</b>	<b>Close</b>	

FRIDAY 27 SEPTEMBER		
<b>07h00 – 08h00</b>	<b>Registration</b>	
<b>Session 1</b>	<b>Allergan Village</b>	<b>Genop Village</b>
<b>Facilitator</b>	<b>Dr Raj Acquilla (UK) Dr Ash Labib (UK)</b>	<b>Dr Lee Walker (UK) Dr Gerhard Van Niekerk (SA)</b>
	<b>Luna</b>	<b>Reverie</b>
		
	<p><b>08h00 – 12h00</b> Morning Session</p> <p>Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique</p> <p>Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome.</p> <p>The average value of the product given each doctor is R3 500.</p> <p>Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face.</p> <p>Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline.</p> <p>Once your session is complete you are free to move to other villages as observers.</p> <p>You must bring your own models to inject so you offer a follow up service.</p> <p>Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.</p>	<p><b>08h00 – 12h00</b> Morning Session</p> <p>Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique</p> <p>Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome.</p> <p>The average value of the product given each doctor is R3 500.</p> <p>Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face.</p> <p>Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline.</p> <p>Hands on thread workshop will be offered in the Genop Village exclusively and delegates will need to indicate that they wish to register for threads only with advanced session. The value of the session is R3 500</p> <p>Once your session is complete you are free to move to other villages as observers.</p> <p>You must bring your own models to inject so you offer a follow up service.</p> <p>Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.</p>
<b>12h00 – 13h30</b>	<b>Lunch</b>	

FRIDAY 27 SEPTEMBER		
Session 2	Allergan Village	Genop Village
Facilitator	Dr Raj Acquilla (UK) Dr Ash Labib (UK)	Dr Lee Walker (UK) Dr Gerhard Van Niekerk (SA)
	Luna	Reverie
<b>17h30</b>	<b>Networking &amp; Trade Preview Evening</b>	
	<p><b>13h30 – 17h30</b> Afternoon session</p> <p style="text-align: right;"></p> <p>Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique</p> <p>Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome. The average value of the product given each doctor is R3 500.</p> <p>Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face.</p> <p>Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline.</p> <p>Once your session is complete you are free to move to other villages as observers.</p> <p>You must bring your own models to inject so you offer a follow up service.</p> <p>Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received</p>	<p><b>13h30 – 17h30</b> Afternoon session</p> <p style="text-align: right;"></p> <p>Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique</p> <p>Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome. The average value of the product given each doctor is R3 500.</p> <p>Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face.</p> <p>Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline.</p> <p>Once your session is complete you are free to move to other villages as observers.</p> <p>You must bring your own models to inject so you offer a follow up service.</p> <p>Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.</p>

**SATURDAY 28 SEPTEMBER**

08h00 – 09h00						Registration							
Session 1		Future of Regenerative Medicine		Session 1 - Skin Therapists		ESAG - Module A (Non-surgical)							
Facilitator		Dr Anjana Bhana		Ms Joelette Theron (SAAHSP)		Alexandros Bader (UK)							
		Luna		Reverie		The Boardroom							
		<p><b>09h00 – 09h10</b>                      Fat is phat (use of fat in surgery and aesthetics)                      - <b>Professor Frank Graewe</b></p> <p><b>09h10 – 09h25</b>                      Micro-needling utilising devices and aquagold as regenerative procedure (PRP free)                      - <b>Dr Deepa Parbhoo</b></p> <p><b>09h25 – 09h35</b>                      Regenerative medicine- attention to PRP and Hyberbaric                      - <b>Dr Minoka Nadesan</b></p> <p><b>09h35 – 09h45</b>                      Skin with ER,Cr:YSGG 2780 (Waterlase) nm fractional laser for regeneration and rejuvenation                      - <b>Dr Thys Pienaar</b></p> <p><b>09h45 – 09h55</b>                      PRP and second generation PRF use in aesthetics                      - <b>Dr Anjana Bhana</b></p> <p><b>09h55 – 10h05</b>                      The O-shot as a regenerative medicine procedure: using PRP for sexual health                      - <b>Dr Nicole Kanaris</b></p> <p><b>10h05 – 10h15</b>                      Update on the use of regenerative techniques for hair restoration                      - <b>Dr Catherine Davies</b></p>		<p><b>09h00 – 09h45</b>                      Emotional intelligence                      - <b>Dr Wynand Goosen</b></p> <p><b>09h45 – 10h30</b>                      Aesthetic Approach to Treating Hair loss - <b>Dr Portia Gumede</b></p>		<p><b>09h00 – 09h45</b>                      Introduction to non-surgical aesthetic gynecology                      - <b>Dr Alexandros Bader (UK)</b></p> <p><b>09h45 – 10h30</b>                      Platelet rich plasma - theory and applications in aesthetic gynecology                      - <b>Speaker</b></p>							
		10h15 – 10h30		Refreshments		10h30 – 11h00		Refreshments		10h30 – 11h00		Refreshments	

**SATURDAY 28 SEPTEMBER**

<b>Session 2</b>		<b>Session 2 - Skin Therapists</b>		<b>ESAG - Module A (Non-surgical)</b>	
<b>Real Life Aesthetics – Doctors Vs Patients</b>					
<b>Facilitator</b>		<b>Ms Joelette Theron (SAAHSP)</b>		<b>Dr Alexandros Bader (UK)</b>	
<b>Luna</b>		<b>Reverie</b>		<b>The Boardroom</b>	
	<p><b>10h30 – 11h30</b>            Have fun with our "ACTORS" as they play out everyday scenarios touching on the weakness and strengths of all aesthetic doctors.</p> <p>Join the doctors to take a raw look into real life situations that surface each day in all of our clinics. From dissatisfied patients to unhappy staff. From financial goals to practices that are too busy to those that are too slow.</p> <p>Could we or should we have done something differently? Let's decide together. All in attendance are encouraged to share their most difficult situations and together explore solutions. We promise this will be one of the most fun and valuable session of the conference!</p> <p><b>ACTORS</b>  <b>Dr Zeenit Sheikh</b>  <b>Dr Nicole Kanaris</b>  <b>Dr Anjana Bhana</b>  <b>Dr Nandipha Magudumana</b>  <b>Dr Sujata Garach</b>  <b>Dr Deepa Pharbhoo</b></p>	<p><b>11h00 – 11h45</b>            Roles of a Therapist in an Aesthetic Practice            - <b>Dr Ridwan Mia</b></p> <p><b>11h45 – 12h45</b>            Pigmentation            - <b>Dr Mwatsveruka Munhutu</b></p> <p><b>12h45 – 13h00</b>            Panel Discussion</p>	<p><b>11h00– 13h00</b>            Procedures technologies and applications **Video Demo**</p> <ul style="list-style-type: none"> <li>• Vaginal rejuvenation with laser</li> <li>• Vaginal rejuvenation with radiofrequency</li> <li>• Laser vulvar rejuvenation</li> <li>• Laser vulvar skin whitening</li> <li>• Laser vulvar skin tightening</li> <li>• Fillers and injectables</li> <li>• G-spot amplification®</li> <li>• O-shot® for sexual dysfunction</li> <li>• Botulinum toxin for dyspareunia</li> </ul> <p>- <b>Dr Alexandros Bader (UK)</b></p>		
<b>Session 3</b>					
<b>Effective marketing &amp; practice management</b>					
<b>Facilitator</b>					
<b>Dr Nicole Kanaris</b>					
	<p><b>11h30 – 11h45</b>            The true hype of social media and how it can help your craft            - <b>Ms Pearl Thusi</b></p> <p><b>11h45 – 12h00</b>            The key to a good podcast            - <b>Mr Gareth Cliff</b></p> <p><b>12h00 – 12h10</b>            For facts sake! Understanding media in a world of misinformation and fake news            - <b>Ms Katerina Katapodis</b></p> <p><b>12h10 – 12h20</b>            Make stuff go viral!            - <b>Mr Mike Sharmen</b></p> <p><b>12h20 – 12h30</b>            Social media in an aesthetic setting            - <b>Dr Nicole Kanaris</b></p>				
	<b>12h30 – 13h30</b>	<b>Lunch</b>		<b>13h00 – 14h00</b>	<b>Lunch</b>

**SATURDAY 28 SEPTEMBER**

<b>Session 4</b>	<b>Advanced Aesthetic Dermatology</b>	<b>Session 3 - Skin Therapists</b>	<b>ESAG - Module A (Non-surgical)</b>
<b>Facilitator</b>	<b>Dr Pholile Mpofu</b>	<b>Ms Joelette Theron (SAAHSP)</b>	<b>Dr Alexandros Bader (UK)</b>
	<b>Luna</b>	<b>Reverie</b>	<b>The Boardroom</b>
	<p><b>13h30 – 13h45</b>                      My approach to treating dark undereye circles                      – <b>Dr Vanita Rattan (UK)</b></p> <p><b>13h45 – 14h00</b>                      Microneedle Radiofrequency (MNRF) in the attenuation of acne scars                      – <b>Dr Atula Gupta (India)</b></p> <p><b>14h00 – 14h10</b>                      My way to treat skin laxity                      – <b>Dr Vernon Ching</b></p> <p><b>14h10 – 14h20</b>                      Dermatological complications of Bariatric Surgery                      – <b>Dr Raj Singh</b></p> <p><b>14h20 – 14h30</b>                      Update on melasma causes &amp; treatment                      – <b>Dr Pholile Mpofu</b></p>	<p><b>14h00 – 14h45</b>                      New Age Aesthetic Treatments for Spa's                      – <b>Ms Ayesha Rajah</b></p> <p><b>14h45 – 15h30</b>                      AAMMSA &amp; SAAHSP Collaboration                      - <b>Dr Heidi Frere</b></p> <p><b>15h30 – 16h00</b>                      Questions and close</p>	<p><b>14h00 – 14h30</b>                      Electromagnetic high focused technology radio frequency technology                      - <b>BTL Speaker</b></p>
<b>Session 5</b>	<b>Complications</b>		
<b>Facilitator</b>	<b>Dr Kamlen Pillay</b>		
	<p><b>14h30 – 14h45</b>                      Anatomical consideration to avoid complications with fillers                      – <b>Dr Lee Walker</b></p> <p><b>14h45 – 15h00</b>                      Medical rhinoplasty - safe predictable technique to prevent complications                      – <b>Dr Fredrik Berne</b></p> <p><b>15h00 – 15h15</b>                      Potential adverse results with Masseter muscle injections                      – <b>Dr Eubulus Timothy</b></p> <p><b>15h15 – 15h30</b>                      Botulinum toxins - true and false complications                      – <b>Dr Brian Monaisa</b></p>		
<b>15h30 -15h45</b>	<b>Refreshments</b>	<b>16h00</b>	<b>Close</b>
			<b>14h30 – 15h00</b>
			<b>Refreshments</b>

**SATURDAY 28 SEPTEMBER**

<b>SATURDAY 28 SEPTEMBER</b>			
<b>Session 6</b>	<b>ABC of Injection Anatomy</b>		<b>ESAG - Module A (Non-surgical)</b>
<b>Facilitator</b>	<b>Dr Verushka José-Bryant</b>		<b>Dr Alexandros Bader (UK)</b>
	<b>Luna</b>		<b>The Boardroom</b>
	<p><b>15h45 – 15h55</b>                      Vascular danger zones                      - <b>Dr Kamlen Pillay</b></p> <p><b>15h55 – 16h05</b>                      Injection depth- a key to improving safety                      - <b>Dr Verushka José-Bryant</b></p> <p><b>16h05 – 16h15</b>                      Anatomical considerations in thread Lifting                      - <b>Dr Liana Volkwyn</b></p> <p><b>16h15 – 16h25</b>                      Understanding perioral and lower third anatomy                      - <b>Dr Lee Walker (UK)</b></p> <p><b>16h25 – 16h35</b>                      Anatomy according to social media - snapchat dysmorphia                      - <b>Dr Zeenit Sheikh</b></p> <p><b>16h35 – 16h45</b>                      Anatomical pitfalls of the midface and periocular region                      - <b>Dr Sujata Garach</b></p> <p><b>16h45 – 17h00</b>                      Myomodulation – fact or fiction?                      – <b>Dr Steven Harris</b></p>		<p><b>15h00 – 17h30</b>                      **Live cases demonstrations**                      - <b>Dr Alexandros Bader (UK)</b></p> <p><b>17h30 – 17h45</b>                      Attendance Certificates issued by The European Society of Aesthetic Gynecology (ESAG) &amp; photos</p>
<b>Session 7</b>	<b>Rapid Fire - Body Treatments</b>		
<b>Facilitator</b>	<b>Dr Kamlen Pillay</b>		
	<p><b>17h00 – 17h10</b>                      Topic                      - <b>Dr Kamlen Pillay</b></p> <p><b>17h10 – 17h20</b>                      Intimate Complexion- the naked truth                      - <b>Dr Natalia Novikova</b></p> <p><b>17h20 – 17h30</b>                      Body sculpting using novel hifem technology                      - <b>Dr Catherine Davies</b></p> <p><b>17h30 – 17h40</b>                      Body shaping with lasers                      - <b>Dr Elfrieda Fourie</b></p>		
<b>17h45</b>	<b>Champagne Bar</b>		